



Keller Road
Primary School

Keller Road Primary School
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Newsletter

Term 3 Week 8 Thursday 9th September 2021
Principal: Narelle Kusabs Deputy Principal: Toni Webster

Parent Group
Currently Postponed

School Assemblies
Currently for students only

Important Dates

Fri 10th Sept
SAPSASA Boys
Soccer

Thurs 16th Sept
SAPSASA Boys and girls
Tag Rugby 6-7

Fri 17th Sept
Music is Fun

Mon 20th Sept
RAA Street Smart R-3

Thurs 23rd Sept
Sports Day

Fri 24th Sept
End of term 3
Early 2pm dismissal

FUTURE KEY DATES

Mon 11th Oct
Term 3 begins

Wed 10th Nov
Kindy Transition Visits
begin 8:50 to 11am

HAPPY HAVEN
Out Of School Hours Care
contact details

Web:
www.happyhaven.sa.edu.au
Phone: 8155 5444
Email:
admin@happyhaven.sa.edu.au

From The Leadership Team

R U OK? Day

Thursday September 9th is our national day of action, dedicated to reminding every day is the day to ask, "Are you OK?" and emphasising the value of close connections and strong relationships.

Here at Keller Road Primary School, we help children learn how they can support each other and be good friends. We encourage our students to look out for their classmates and check in with them.



1. Ask



2. Listen



3. Encourage action



4. Check in

Preschool to School Transition 2022

We know that success at school can have a long term impact on children's lives. A successful beginning to school is important. When children are supported to move between settings for activities and events, they have the opportunity to learn the culture of the new setting in non-threatening ways and to acquire new friendships whilst maintaining confidence and self-esteem.

The Department's Same First Day initiative supports all children and families in the Salisbury Partnership starting preschool and school in 2022.

Individual preschools and schools will have transition visits on the same day, at the same time.

These dates and times are

- Wednesday November 10th 8:50-11:00
- Wednesday November 17th 8:50-11:00
- Wednesday November 24th 8:50-12:00
- Wednesday December 1st 8:50-12:00

3 Way Interviews

3 way interviews are being offered this term, in weeks 9 and 10. If you would like to discuss your child's progress to date and future learning goals please ensure you make a time with your child's teacher/s. Phone interviews are being offered and COVID safe procedures are in place.

Sports Day

Our sports day is fast approaching. We chose term three as Governing Council and staff thought it would give us the best chance to have parents involved.

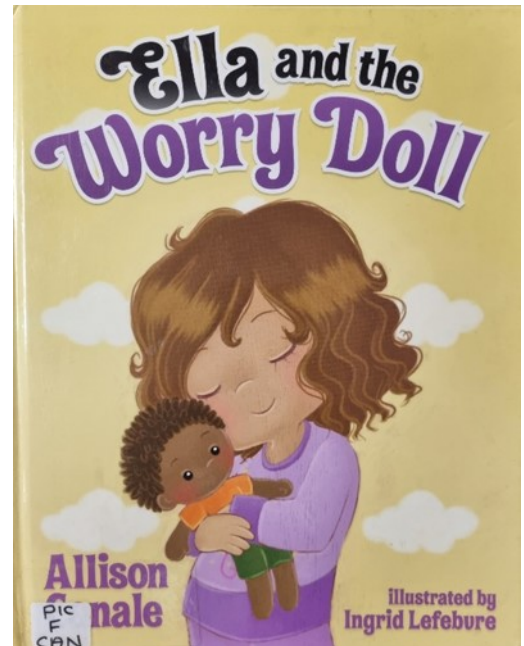
Unfortunately at this stage, it is not possible to have parents/visitors on site. We will constantly monitor any new advice updates and notify parents as soon as possible if the situation changes. I understand that this will be disappointing for many people but it is imperative that we follow current health advice at this time. Thank you for your understanding and cooperation.



Government of South Australia
Department for Education

Worry Dolls

In Mr Angus's class, Ms Constable came to read "*Ella and the Worry Doll*". This book taught us that worries are something that everyone has and that the best way to rid yourself of a worry is to talk about it. We can use our worry dolls to tell our worry to. We created these worry dolls out of pegs, wool and fabric.



Parent Information

General Information

Sun Safety



Spring is here and as per our Sun Protection Policy, Keller Road implements additional sun protection strategies as the weather changes and the UV levels rise. Classrooms are equipped with sunscreen for students and they are encouraged to apply it before break times.



Please ensure your child has a navy blue sun safe hat at school for outside play with their name on it. Keller Road school logo hats are available to purchase via the front office for \$12 each and are always kept in stock. Our Sun Safe Policy can be viewed on our web site.

Materials and Services Charges

The principal along with the Governing Council members have determined the items and services for the 2022 M&S charge will be \$280.00.

All parents/caregivers are welcome to attend the next Governing Council meeting at 9am on Wednesday 3rd November to discuss this and approve the charge.



Department for Education

Preschool to School Transition 2022

Salisbury Partnership of Schools & Preschools

SCHOOLS

Brahma Lodge Primary
Gulfview Heights Primary
Keller Road Primary
Madison Park Primary
Salisbury Heights Primary
Salisbury Park Primary

PRESCHOOLS

Brahma Lodge Kindergarten
Madison Park Kindergarten
Manor Farm Kindergarten
Salisbury Heights Preschool
Salisbury Park Kindergarten

For more information
Visit your local preschool, school
or the Department for Education
website by searching 'Starting
Preschool & School'

One Start, One Transition!

Families in the Salisbury Partnership of
Schools / Preschools will be supported
with the Same First Day Start in 2022 by
implementing the One Transition program
for all sites to be held on the same day,
at the same time!

Transition Dates & Times

Wednesday November 10th 8:50 to 11am
Wednesday November 17th 8:50 to 11am
Wednesday November 24th 8:50 to 12.00
Wednesday December 1st 8:50 to 12.00

Look out for order forms coming home this
week for our



Sports Day Fundraiser on Thursday 23rd September

(Sports Day)

Donuts are \$3 each and there is a choice
of Chocolate, Sprinkle or Strawberry.

Order forms and payment must be in by
Friday 17th Sept.

Spare forms available at the front office.

Zooper Dooper Ice blocks will also be
available to purchase for \$1 on the day in
both breaks while stocks last.



Government of South Australia
Department for Education

really
Are they OK?

Ask them today

Have a conversation using these 4 steps



1. Ask R U OK?

How are you travelling?

You don't seem yourself lately - want to talk about it?



2. Listen with an open mind

I'm here to listen if you want to talk more.

Have you been feeling this way for a while?



3. Encourage action

Have you spoken to your doctor about this?

What do you think is a first step that would help you through this?



4. Check in

Just wanted to check in and see how you're doing?

Have things improved for you since we last spoke?

Hi Everyone

I enjoy reading positive quotes. I find that inspiring words can be uplifting and can affect your mood in a positive way.



I love this quote because it reminds us that no matter what situation we find ourselves in there is something positive even if we need to look very hard sometimes.

Hope you are having a lovely day .

Kind Regards

Surama, Pastoral Care Worker

HELPFUL HINTS FOR MENTAL HEALTH AND WELLBEING

HOW TO REDUCE STRESS AND ANXIETY



MEDITATE



GET ENOUGH SLEEP



FIND CREATIVE HOBBY



EXERCISE DAILY



GO OUTSIDE



EAT HEALTHY



AVOID CAFFEINE AND ALCOHOL



BE ACTIVE IN YOUR COMMUNITY



TALK TO SOMEONE



You can help manage stress by learning relaxation methods. These could include deep breathing, meditation, and exercise.